

M E M O R A N D U M

DATE: Fall 2009
TO: Incoming International Students, Parents/Guardians
FROM: Jan Zimmerman, Director of Health Services
RE: Meningococcal Vaccine

The General Assembly of the State of Wisconsin mandates that each public or private postsecondary institution in the state provide information concerning Hepatitis B infection to all students entering the institution for the first time. Those students who will be living in on-campus housing must also be informed about the risk of meningococcal meningitis infection. The required information below includes the risk factors and dangers of each disease as well as information on the availability and effectiveness of the respective vaccines for persons who are at-risk for the diseases. The information concerning these diseases is from the Centers for Disease Control and the American College Health Association.

Meningococcal Disease is a rare but potentially fatal bacterial infection. The early symptoms usually associated with the disease include fever, severe headache, stiff neck, rash, nausea, vomiting, and lethargy.

It should be emphasized that meningitis is still a very rare disease, occurring at a rate of approximately 1 in 100,000 persons in the United States. Disease occurrence is unpredictable and we cannot reliably identify who may be at risk. Edgewood College has had only one documented case of the disease in its history.

The current available meningococcal vaccine covers some but not all strains of the bacteria that can cause Meningococcal Disease. About 30% of meningitis cases in college students can be caused by a strain that is not included in the vaccine. The vaccine offers protection that lasts only 3-4 years. That may be enough for a student to feel that the cost of the vaccine is worth it. Whether to receive the vaccine is a personal health, rather than a public decision, given our current understanding of the risk for the disease and limitations of the vaccine.

Edgewood College Health Services' position on meningococcal vaccine is that the vaccine should be available to those freshmen that wish to reduce their risk of the disease. Other undergraduate students wishing to reduce their risk of the disease can also choose to be vaccinated.

The vaccine is available in the Health Services for \$85.00. If you would like to get the vaccine, please call (608) 663-8334 to set up an appointment. If you have further questions, please contact me directly.

Jan Zimmerman MS, CPNP
Director of Health Services
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IMPORTANT HEPATITIS B AND MENINGITIS INFORMATION

The General Assembly of the State of Wisconsin mandates that each public or private postsecondary institution in the state provide information concerning Hepatitis B infection to all students entering the institution for the first time. Those students who will be living in on-campus housing must also be informed about the risk of meningococcal meningitis infection. The required information below includes the risk factors and dangers of each disease as well as information on the availability and effectiveness of the respective vaccines for persons who are at-risk for the diseases. The information concerning these diseases is from the Centers for Disease Control and the American College Health Association.

The law does not require that students receive vaccination for enrollment. Furthermore, the institution is not required by law to provide vaccination and/or reimbursement for the vaccine.

Hepatitis B (HBV) Immunization

Hepatitis B (HBV) is a serious viral infection of the liver that can lead to chronic liver disease, cirrhosis, liver cancer, liver failure, and even death. The disease is transmitted by blood and or body fluids and many people will have no symptoms when they develop the disease. The primary risk factors for Hepatitis B are sexual activity and injecting drug use. This disease is completely preventable. Hepatitis B vaccine is available to all age groups to prevent Hepatitis B viral infection. A series of three (3) doses of vaccine are required for optimal protection. Missed doses may still be sought to complete the series if only one or two have been acquired. The HBV vaccine has a record of safety and is believed to confer lifelong immunity in most cases.

Meningococcal Meningitis

Meningococcal disease is a rare but potentially fatal bacterial infection, expressed as either meningitis (infection of the membranes surrounding the brain and spinal cord) or meningococemia (bacteria in the blood). Meningococcal disease strikes about 3,000 Americans each year and is responsible for about 300 deaths annually. The disease is spread by airborne transmission, primarily by coughing. The disease can onset very quickly and without warning. Rapid intervention and treatment is required to avoid serious illness and or death.

There are 5 different subtypes (called serogroups) of the bacterium that causes Meningococcal Meningitis. The current vaccine does not stimulate protective antibodies to Serogroups B, but it does protect against the most common strains of the disease, including serogroups A, C, Y and W-135. The duration of protection is approximately three to five years. The vaccine is very safe and adverse reactions are mild and infrequent, consisting primarily of redness and pain at the site of injection lasting up to two days.

The Advisory Committee on Immunization Practices (ACIP) of the U.S. Centers for Disease Control and Prevention (CDC) recommends that college freshmen (particularly those who live in dormitories or residence halls) be informed about meningococcal disease and the benefits of vaccination and those students who wish to reduce their risk for meningococcal disease be immunized. Other undergraduate students who wish to reduce their risk for meningococcal disease may also choose to be vaccinated.



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Edgewood College Health Center
1000 Edgewood College Drive
Madison, WI 53711

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Fax: (608) 663-3394
E-mail: jzimmerman@edgewood.edu

International Student Health Statement

This information is strictly for the use of the Student Health Center and will not be released to anyone without your knowledge and written consent.

This form should be received within two weeks of semester start.
Prior to the beginning of the semester this form must be completed and returned to the Health Center.
Failure to complete this form in a timely manner will result in a hold being placed on your record and you will not be able to register for the next semester.

Please completed in black ink—PLEASE PRINT IN BLOCK LETTERS

Student ID Number: _____

Name: _____ Date of Birth: _____
(Family Name) (Given Name) (Month/Day/Year)

Telephone Number: (____) _____ Home County Address: _____

City: _____ Province: _____ Country: _____ Postal Code: _____

Emergency Contact: _____
(Name) (Phone)

Immunization Record

1.) TB Skin Test

Those who have resided in the following countries for 5 years do **not** need a TB skin test: Canada, Jamaica, Saint Kitts and Nevis, Saint Lucia, USA, Virgin Islands (USA), Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, Norway, San Marino, Sweden, Switzerland, United Kingdom, American Samoa, Australia, or New Zealand.

If you have resided/volunteered/worked in any of the countries not listed above you will need to receive a TB Skin test in the Edgewood College Health Center within 2 weeks of the semester start. Please call to set up an appointment.

2.) Measles, Mumps, Rubella Vaccine: Dose 1 _____ Dose 2 _____ (date) (date)

If you do not have record of two MMR vaccines, you will need to provide Rubella Immune Status and include official documentation from your physician.

To the best of my knowledge, this person has received the above immunization and/or has provided official rubella immune status.

Physician's Signature _____ Date _____

Print—Physician's Name _____ Telephone Number (____) _____ Fax Number (____) _____

Physician's Address _____ City _____ Province _____ Country _____ Postal Code _____

The information offered above is true and completed to my knowledge.

Student Signature: _____ Date: _____