

# International Travel: Wellness Report

## Please read before completing this form:

This required information is to be completed by the participant and is designed to help the Center for Global Education (CGE) be of maximum assistance to you during your study abroad experience should the need arise. Mild physical or psychological conditions can become serious under the stresses of life while studying abroad. Thus, it is important that the program be aware of any medical or emotional conditions, past or current, which might affect you while abroad. The information on this form will be shared as follows: definitely with CGE staff and the Edgewood College Health Center; as deemed necessary with the director(s)/coordinator(s) for your study abroad program and health care providers. **It does not affect your admission to the program.**

**\*Study abroad sites may not be able to accommodate all reported individual needs or circumstances. If you do not report a health condition, our ability to assist you in case of an emergency may be compromised.**

Name: (First, Last) \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Study Abroad Program: \_\_\_\_\_ Term Abroad: \_\_\_\_\_

Departure Date: \_\_\_\_\_ Return Date: \_\_\_\_\_ Countries to be visited: \_\_\_\_\_

### Please note below any conditions you have:

- |                          |                          |   |                          |                          |   |
|--------------------------|--------------------------|---|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma  | <input type="checkbox"/> | <input type="checkbox"/> | HIV/AIDS, other immune disorder, leukemia or cancer       |
| YES                      | NO                       |   | YES                      | NO                       |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Neurologic Condition<br>(convulsion, epilepsy, brain infection)   | <input type="checkbox"/> | <input type="checkbox"/> | Organ Recipient (If yes, list organ below)<br>_____       |
| YES                      | NO                       |   | YES                      | NO                       |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes  | <input type="checkbox"/> | <input type="checkbox"/> | Chronic kidney problems                                   |
| YES                      | NO                       |   | YES                      | NO                       |   |
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure or any heart disease with or without symptoms   | <input type="checkbox"/> | <input type="checkbox"/> | Pregnant or might become pregnant on this program abroad  |
| YES                      | NO                       |   | YES                      | NO                       |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic Gastrointestinal Condition<br>(ulcers, chronic diarrhea or colitis)                                     | <input type="checkbox"/> | <input type="checkbox"/> | Low platelet count, bleeding problem or clotting disorder |
| YES                      | NO                       |   | YES                      | NO                       |   |
| <input type="checkbox"/> | <input type="checkbox"/> | Active mental health issues that require counseling or medication (depression, anxiety, eating disorders, etc.) |                          |                          |   |
| YES                      | NO                       |   |                          |                          |   |

Are you taking any medication? If so, please list and provide reason for taking.

Do you anticipate needing any health care or mental health treatment while abroad? If yes, please describe.

Is there any other condition that would be helpful for the program to be aware of during your study abroad experience? If yes, please explain.

**\*If YES to any conditions listed above or traveling longer than 6 weeks, it is your responsibility to schedule an appointment with a health care provider prior to travel AND have the provider sign page 2 of this form\***

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**Schedule an appointment with a health care provider ideally 8 weeks prior to travel to see if you need any routine or travel vaccinations or medications (diarrhea/anti-malaria).**

<b>ROUTINE VACCINES</b>	<b>HAD DISEASE (list dates if known)</b>	<b>VACCINATION HISTORY (list dates if known)</b>
Measles (rubeola), Mumps, German measles (rubella)		MMR 1) 2)
Chicken Pox (varicella)		1) 2)
Meningococcus (meningitis, <i>not</i> HIB)		[ ] Menactra (MCV4) ( / ) [ ] Menomune (MPSV4) mo / yr
Pneumococcus (pneumonia)		
Flu shot (influenza)		
Hepatitis A (two shot series or may be combined with B)		1) 2)
Hepatitis B (three shot series)		1) 2) 3)
Tetanus, Diphtheria, Pertussis (e.g. Td, Tdap)		Most recent (mo/yr): ( / )
Polio: Have you received at least 3 doses of polio vaccine, including childhood doses?		Most recent (mo/yr): ( / )
<b>POSSIBLE TRAVEL VACCINES:</b> Rabies, Typhoid, Japanese Encephalitis, Yellow Fever		

<b>ALLERGIES:</b> Do you have any allergies to food, medication, environmental factors, insects etc.? If yes, what happens when you come in contact with the allergen?	
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**List the provider or mental health professional(s) that Edgewood should contact in case of an emergency:**

Provider Name: \_\_\_\_\_ Provider Name: \_\_\_\_\_  
 Contact Info: \_\_\_\_\_ Contact Info: \_\_\_\_\_

<p>I certify that all responses made on this Wellness Report are true and accurate, and I will notify the CGE and Program Director hereafter of any relevant changes in my health that occur prior to the start of the program. I understand that the information on this form will be shared as follows: definitely with CGE staff and the Edgewood College Health Center; as deemed necessary with the director(s)/coordinator(s) for your study abroad program and health care providers. This form is for information purposes only and in no way implies that the program director, health care provider or any other Edgewood College staff member takes responsibility for my health.</p> <p><b>Participant Signature:</b> _____ <b>Date:</b> _____</p>
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**\*PROVIDER SIGNATURE REQUIRED IF\*  
ANSWERED YES TO ANY CONDITIONS OR TRAVELING LONGER THAN 6 WEEKS**

Provider Use Only--the following topics were reviewed:

- Routine/Travel Vaccinations     Current Health Condition(s)     Current Medication(s)     Travel Medication(s)  
 General Travel Info/Safety     Other \_\_\_\_\_

**Provider Name (print):** \_\_\_\_\_

**Provider Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_