

# Program Information

## 12- MONTH ABSN 2022-2023 SAMPLE PROGRAM SCHEDULE

The Official ABSN 2022-2023 Program Schedule will be provided in early August.

*\*This schedule is subject to change. Additional hours may be arranged at the discretion of the faculty. Please be aware clinical courses ending in a '1') will require hours during the weekend, early morning, and evening. Flexibility is appreciated.*

### Session 1: August 22, 2022 – October 14, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	ANRS 211 8:00-3:00 3 credits		ANRS 211 8:00-3:00 3 credits	ANRS 315 7:30-Lab 001
ARNS 210 12:30-3:30 4 credits	Sections:001,002,003 Meet concurrently	ARNS 210 12:30-3:30 4 credits	Sections:001,002,003 Meet concurrently	10:30-Lecture 12:00-Lab 002 3:00-Lab 003

**Labor Day:** Monday, September 5<sup>th</sup>

**Annual Colloquium on Aging:** TBD

**Fall Break:** Monday, October 10<sup>th</sup> – Tuesday, October 11<sup>th</sup>

### Session 2: October 17, 2022 – December 16, 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Available for clinical experience. Days/Times vary by site. 24 hours per week.	ANRS 312 8:00-12:00 2 credits	ANRS 310 8:00-12:00 4 credits	Available for clinical experience. Days/Times vary by site. 24 hours per week.	ANRS 310 12:30-4:30	Available for clinical experience. Days/Times vary by site. 24 hours per week.	Available for clinical experience. Days/Times vary by site. 24 hours per week.

**Thanksgiving Holiday:** Classes end at noon on Wednesday, November 24<sup>th</sup>. No classes Thursday – Sunday, Nov 25<sup>th</sup> – 28<sup>th</sup>.

**CET Review:** Monday, 12/13. Time TBD by individual instructor.

### Winterim: January 3, 2023 – January 13, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
RS 442 10:00-2:00 2 credits	RS 442 10:00-2:00	RS 442 10:00-2:00	RS 442 10:00-2:00	RS 442 10:00-2:00

**Martin Luther King Jr. Day:** Monday, January 16<sup>th</sup>

**Session 1: January 17, 2023 – March 12, 2023**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ANRS 340 8:00-12:00 4 credits	ANRS 341 PSS/MS	ANRS 340 8:00-12:00	ANRS 341 PSS/MS	ANRS 341 PSS/MS	ANRS 341 PSS/MS	ANRS 341 PSS/MS
	Available for clinical experience.		Available for clinical experience.	Available for clinical experience.	Available for clinical experience.	Available for clinical experience.
ANRS 342 12:30-2:30 3 credits	Days/Times vary. 24 hours/week + 4 credits	ANRS 342 12:30-2:30 3 credits	Days/Times vary. 24 hours/week +	Days/Times vary. 24 hours/week +	Days/Times vary. 24 hours/week +	Days/Times vary. 24 hours/week +

**Spring Recess:** Monday, March 13<sup>th</sup> – Friday March, 17<sup>th</sup>

**Session 2: March 20, 2023 – May 14, 2023**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ANRS 411 Available for clinical experience. Days/Times vary. 24 hours/week + 4 credits.	ANRS 410 9:00-1:00 4 credits	ANRS 411 Available for clinical experience. Days/Times vary. 24 hours/week +	ANRS 410 9:00-1:00	ANRS 411 Available for clinical experience. Days/Times vary. 24 hours/week +	ANRS 411 Available for clinical experience. Days/Times vary. 24 hours/week +	ANRS 411 Available for clinical experience. Days/Times vary. 24 hours/week +
	ANRS 390 1:00-4:00 3 credits		ANRS 390 1:00-4:00			

**Easter Holiday:** Friday, April 7<sup>th</sup> – Monday, April 10<sup>th</sup>

**May Session: May 15, 2023 – June 9, 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
ANRS 612 Online 3 credits	ANRS 612 Online	ANRS 612 Online	ANRS 612 Online	ANRS 612 Online

**Memorial Day:** Monday, May 30<sup>th</sup>

**Summer June 12, 2023 – August 4, 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
ANRS 460 12:00-4:00 4 credits	ANRS 461 Available for clinical experience. Days/Times vary by site. 24 hours/week + 4 credits	ANRS 460 12:00-4:00	ANRS 461 Available for clinical experience. Days/Times vary by site. 24 hours/week +	ANRS 461 Discussion 8:00-11:00 Available for clinical experience following discussion.
ANRS 440 4:00-6:00 2 credits		ANRS 440 4:00-6:00		

**Juneteenth Observed:** The College is closed Monday, June 20<sup>th</sup>.

**Independence Day:** The College is closed Monday, July 4<sup>th</sup>.

**ATI Live NCLEX Prep:** Monday, August 7<sup>th</sup> – Wednesday August 9<sup>th</sup>, 9am – 4pm. Optional though highly encouraged.

# Course Descriptions

## **ANRS 210 FOUNDATIONS OF PROFESSIONAL NURSING 4 cr.**

Nurses play a significant role in promoting health across the life span at the individual, group, and societal level. The knowledge and skills necessary to assess psychosocial and physical health status and facilitate the development of therapeutic and collaborating relationships are explored. Beginning exploration of the fundamentals of professional nursing practice, information management, and evidence-based practice are introduced.

## **ANRS 211 CARING: NURSING ASSESSMENT & INTERVENTION 3 cr.**

Clinical and laboratory application of basic concepts discussed in RNRS 210. Emphasis is on assessment and health promotion. Interventions include comfort and safety, interviewing, basic concepts related to teaching/learning, and development of nurse/client relationships. Fundamentals of professionalism and the development of professional values are introduced.

## **ANRS 315 CARING: ADULT HEALTH NURSING LAB 1 cr.**

Presents the knowledge of psychomotor skills, unique to professional nursing practice, used to meet the therapeutic, physiologic, comfort, and safety needs of adult clients in a variety of settings. Beginning scholarship for evidence-based practice is addressed in the context of quality and safety measures. Skills are practiced and evaluated in the laboratory environment prior to application in the clinical setting.

## **ABIO 410 PATHOLOGY 3 cr.**

Course for nursing students. Basic concepts and principles of disease processes. (Students may fulfill this requirement prior to program start date).

## **ANRS 310 PROFESSIONAL NURSING: ADULT HEALTH 4 cr.**

Nursing content addressing the management of psychosocial and physiological care of hospitalized adults is discussed within a framework of acute illness. Integration of behavioral science, pathophysiology, and pharmacology into nursing care is emphasized.

## **ANRS 311 CARING: ADULT HEALTH NURSING 4 cr.**

Clinical course focused on nursing care of adult clients in an acute care setting. The course is designed to further develop the necessary skills for baccalaureate generalist nursing practice including an introduction to patient safety, quality improvement, and information management. Continued development and application of professional practice standards are addressed.

## **ANRS 312 PHARMACOLOGY 2 cr.**

Nurses play a significant role in assisting individuals and families in the pharmacological management of health and illness. This course includes a study of the major drug classes addressing the principles of evidence-based practice, which is necessary for understanding drug effects across the lifespan. Issues related to safety, cost, compliance, and therapeutic outcomes are emphasized.

## **ANRS 342 PROFESSIONAL NURSING: OLDER ADULT 2 cr.**

The complex interaction of acute and chronic health conditions experienced by older adults is addressed within the context of health promotion, health maintenance, and health restoration. Provision of holistic care is examined using principles of interdisciplinary team management.

**ANRS 340 PROFESSIONAL NURSING: LONG TERM ISSUES 4 cr.**

Nursing content addressing the management of psychosocial spiritual and physiological care of adults and families is discussed within a framework of chronic illness management. Integration of behavioral science, pathophysiology, and pharmacology into nursing care is emphasized along with concepts related to wellness and health promotion while living a life with chronic illness.

**ANRS 341 COLLABORATIVE PRACTICE-LONG TERM 4 cr.**

Managing nursing care with individuals and families experiencing complex, long-term health problems. Development of interprofessional team skills, collaborative planning, and leadership skills are emphasized.

**ANRS 390 RESEARCH IN PROFESSIONAL NURSING 3 cr.**

Introduction to methods of inquiry including interpretive and empirical approaches. Basic statistical measurements are studied in relation to understanding nursing research. Topics include critiquing nursing research, exploring application of research to practice, and identifying researchable problems and appropriate methodologies.

**ANRS 410 PROFESSIONAL NURSING: FAMILIES IN TRANSITION 4 cr.**

Nursing care with families experiencing transition such as pregnancy and parenting. Issues related to environmental contexts, political awareness, health care systems, family dynamics, children and adolescents, and women's health are examined.

**ANRS 411 CARING: FAMILIES IN TRANSITION 4 cr.**

Nursing care with families, young children, adolescents, and women in a variety of settings. The major focus is on health promotion and health maintenance.

**ANRS 440 ADULT HEALTH: ADVANCED CONCEPTS IN ACUTE CARE 2 cr.**

Theory course addressing nursing care of adults in high acuity settings experiencing multisystem illnesses. Integration and application of biological sciences is emphasized to advance baccalaureate generalist nursing knowledge.

**RS 442 MORAL RESPONSIBILITY OF HEALTH CARE 4 cr.**

This course explores some of the spiritual, religious, and philosophical approaches to moral responsibility while examining current ethical problems and dilemmas posed by health and health care. Major areas of focus will include ethics in clinical medicine, public health, and the intersection of health ethics with global justice and human rights. Students will learn through lectures, course readings, case studies examined in small groups and class discussion, small group projects, and individual semester projects.

\*Students may fulfill this requirement prior to program start date.

**ANRS 460 PROFESSIONAL NURSING: HEALTH OF COMMUNITIES 4 cr.**

Nursing concepts are integrated with those of public health science to promote the health of aggregates in the community. The role of nursing in affecting health care policy, finance, and regulatory environments is examined.

**ANRS 461 NURSING CARE WITH AGGREGATES 4 cr.**

Clinical course addressing the nursing care of culturally diverse families, aggregates, and communities. Nursing skills in health assessment, education, and health promotion are extended to include groups in communities. Developing and maintaining community partnerships is emphasized.

**NRS 612 THEORETICAL FOUNDATIONS OF ROLE DEVELOPMENT FOR THE NURSE LEADER 3 cr.**

Introductory course leading to the preparation of professional nurse to assume leadership roles in a variety of health care settings. Content areas include Principles of Leadership, Quality Improvement and Safety, Health Policy and Advocacy, and Organizational Systems Leadership.