



EDGEWOOD COLLEGE

Graduate Art Therapy Program

FREQUENTLY ASKED QUESTIONS

The art therapy graduate curriculum is uniquely guided by the premise that focused art-making constitutes reflective practice and facilitates learning. ([American Art Therapy Association Website](#))

What is Art Therapy?

Art Therapy is an integrative mental health and human service profession that involves the use of creative process (art-making) to foster healing and growth through applied psychological theory and human experience within a psychotherapeutic relationship. Assessment and therapy through art recognizes that the art process, forms, content, and associations are reflections of an individual's development, abilities, personality, interests and concerns. Art is used as a form of communication or symbolic language, giving external form to internal imagery. Art-making or creative process can be a means of reconciling emotional conflicts and fostering self-awareness and personal growth.

What is an Art Therapist?

Art Therapists are master's level clinicians who integrate the fields of art and psychology. They work with people of all ages across a broad spectrum of practice. Guided by ethical standards and scope of practice, their education and supervised training prepares them for culturally proficient work with diverse populations in a variety of settings. Honoring individuals' values and beliefs, art therapists work with individuals, couples, and families with medical and mental health challenges.

What will my Edgewood College graduate art therapy experience look like?

- 34 credits in Art Therapy specific courses (29 credits face-to-face; 5 credits online)
- A minimum of 100 hours of supervised practicum; and 600 hours art therapy clinical internship
- 15 credits in mental health specific courses (fully online)
- Art Therapy courses and practicum & internship requirements for other mental health professionals

What kind of settings do Art Therapists work in?

Art Therapists assess and diagnose in hospitals (medical and psychiatric), day treatment settings, out-patient clinics, residential treatment centers, halfway houses, shelters, schools, correctional facilities, hospice facilities, elder care facilities, pain clinics, universities, private practices, and art studios.

What post-graduate requirements are needed to practice as an Art Therapist?

The graduate art therapy program is not yet accredited, therefore, to apply for registration (ATR), Edgewood College graduates must complete 1,500 hours of direct client contact using art therapy. The supervision requirement is a minimum of 150 hours with 75 supervision hours provided by a current ATR-BC or ATCS.

Alternatively, through the state of Wisconsin, Edgewood College graduates are eligible for counseling licensure. As a Licensed Professional Counselor – In Training, graduates are required to complete 2 years/3,000 hours of postmaster's supervised professional counseling practice, including 1,000 hours of face-to-face client contact and pass an exam to earn the credential Licensed Professional Counselor (LPC).